

Engine Flush Extravaganza!

by Amanda Callahan

We get a lot of questions about engine flushes. Do they work? Should you use one? How do they affect analysis? Your investigative team at Blackstone did some experimenting, and we've got answers.

Testing, testing...

We tested three products: Amsoil Engine and Transmission Flush, Liqui-Moly Pro-Line Engine Flush, and Berryman Oil Change Flush. All three are solvent-type additives, with fairly thin viscosities and low flashpoints. They're meant to dissolve and disperse sludge, varnish, and deposits. Virgin samples of each flush can be found in Figure 1.

Measuring success

So how would "success" of an engine flush show up in our testing? Oil analysis doesn't show things like improvements in fuel economy or whether the lifters are quieter, but in theory, if a product is loosening sludge and deposits, there should be something to show for it in the oil, right? Maybe increased insolubles, or higher metals because they're getting carried out of the engine more easily?

Testing procedure

To do this test, we pulled a sample though the dipstick using a pump, ran the flush according to the flush manufacturer's directions, then drew another sample through the dipstick post-flush.

Results

For the Toyota Corolla/Liqui Moly combination, the most notable changes are the drop in flashpoint and the slightly lower metal counts (see Figure 2).

The drop in flashpoint makes sense. If you have a starting flashpoint of 380°F and you add a product whose flashpoint is just 150°F, the resulting flashpoint is going to be lower. The lower metal counts make sense too. The metals are lower because there's fresh "something" in the oil. Not oil – in this case it's engine flush – but the same principle occurs.

Did you know we analyze filters? We prefer you send just the pleats (not the whole canister). Cost is \$125 for filter pleats, and \$200 if you send the entire filter. (We really don't want the entire filter.) Or, check out [this article](#) to learn how to do it yourself!

| Virgin Engine Flush Samples | | Amsoil | Liqui Moly | Berryman's |
|-------------------------------|-----------------------|--------|------------|------------|
| ELEMENTS IN PARTS PER MILLION | ALUMINUM | 0 | 2 | 1 |
| | CHROMIUM | 0 | 0 | 0 |
| | IRON | 5 | 1 | 1 |
| | COPPER | 0 | 0 | 0 |
| | LEAD | 0 | 0 | 0 |
| | TIN | 0 | 0 | 1 |
| | MOLYBDENUM | 0 | 0 | 0 |
| | NICKEL | 0 | 0 | 0 |
| | MANGANESE | 0 | 0 | 0 |
| | SILVER | 0 | 0 | 0 |
| | TITANIUM | 0 | 0 | 0 |
| | POTASSIUM | 0 | 1 | 1 |
| | BORON | 2 | 1 | 1 |
| | SILICON | 0 | 3 | 1 |
| | SODIUM | 1 | 4 | 6 |
| | CALCIUM | 2 | 691 | 2558 |
| | MAGNESIUM | 2 | 3 | 9 |
| | PHOSPHORUS | 2 | 1482 | 6 |
| | ZINC | 5 | 1677 | 9 |
| | BARIUM | 0 | 0 | 0 |
| PROPERTIES | SUS Viscosity @ 210°F | 32.2 | 32.7 | 30.9 |
| | cSt Viscosity @ 100°C | 1.82 | 1.96 | 1.44 |
| | Flashpoint in °F | 210 | 150 | 150 |
| | Fuel % | - | - | - |
| | Antifreeze % | - | - | - |
| | Water % | 0.0 | 0.0 | 0.0 |
| | Insolubles % | 0.0 | 0.0 | 0.0 |
| | TBN | 1.5 | 2.3 | 7.7 |
| | TAN | | | |
| | ISO Code | | | |

Fig 1 - Virgin samples of each flush

It's somewhat surprising that insolubles aren't higher. If the flush is meant to get rid of solids, shouldn't we see some evidence of that in analysis? But we found no change in insolubles. That doesn't necessarily mean the flush didn't work, just that we're not seeing any evidence of that claim in our testing. Possibly the deposits are getting caught in the filter and removed that way.

An interesting side note on the Liqui-Moly flush in particular, it contained calcium, phosphorus, and zinc in its additive package. You can see the change in those elements in the post-flush sample, with calcium dropping slightly and the other two elements increasing slightly (which makes sense – the initial oil had more calcium and less phosphorus/zinc than the flush had, so adding the flush decreased calcium and increased phosphorus and zinc).

The other two engines/flushes showed very similar changes as the Corolla/Liqui-Moly combination: a very mild (if any) drop in metals, no change in the insolubles levels, and significantly lower flashpoints.

A note on flashpoints: We test for fuel dilution using the flashpoint test. Most unused oils flash around 385 to 415°F. When the test result is lower, that suggests something else is present – in internal combustion engines, that “something else” is usually fuel, so we go on that assumption and calculate fuel dilution accordingly. In this case, the “something else” is the engine flush – not fuel – but they are lowering the flashpoint the same way fuel contamination does.

So do engine flushes work? Our results are inconclusive. Engine flush manufacturers make many claims that we can't measure in the scope of our testing: decreased blow-by and oil consumption, quieter lifters, improved oil circulation, and reduced emissions, just to name a few. Although we can't see whether the flushes are removing deposits from the engine, it's possible they're getting trapped in the filter and removed that way. In the end, if you want to use a flush, go for it! Just let us know, in case it lowers the flashpoint.

Stay tuned for our next article, where we test different sampling methods, determine the effects of adding fresh oil, and whether it's okay that oil turns dark so fast. Happy testing!

| Corolla with Liqui Moly | | Before flush | After flush |
|-------------------------------|-----------------------|--------------|-------------|
| ELEMENTS IN PARTS PER MILLION | MI/HR on Oil | 8,053 | 8,053 |
| | MI/HR on Unit | 32,141 | 32,141 |
| | Sample Date | 10/10/2021 | 10/10/2021 |
| | Make Up Oil Added | | |
| | ALUMINUM | 4 | 3 |
| | CHROMIUM | 1 | 1 |
| | IRON | 13 | 12 |
| | COPPER | 26 | 23 |
| | LEAD | 0 | 0 |
| | TIN | 0 | 0 |
| | MOLYBDENUM | 575 | 531 |
| | NICKEL | 0 | 0 |
| | MANGANESE | 2 | 2 |
| | SILVER | 0 | 0 |
| | TITANIUM | 4 | 4 |
| | POTASSIUM | 2 | 2 |
| | BORON | 85 | 77 |
| | SILICON | 44 | 41 |
| | SODIUM | 5 | 5 |
| | CALCIUM | 1342 | 1299 |
| PROPERTIES | MAGNESIUM | 638 | 588 |
| | PHOSPHORUS | 682 | 748 |
| | ZINC | 795 | 879 |
| | BARIUM | 0 | 0 |
| | SUS Viscosity @ 210°F | 48.3 | 46.2 |
| | cSt Viscosity @ 100°C | 6.76 | 6.09 |
| | Flashpoint in °F | 380 | 295 |
| | Fuel % | TR | 4.5 |
| | Antifreeze % | 0.0 | 0.0 |
| | Water % | 0.0 | 0.0 |

Fig 2 - Flushing a Toyota Corolla with Liqui Moly

| Kia with Amsoil Flush | | Before flush | After flush |
|-------------------------------|-----------------------|--------------|-------------|
| ELEMENTS IN PARTS PER MILLION | MI/HR on Oil | 7,675 | 7,675 |
| | MI/HR on Unit | 194,739 | 194,739 |
| | Sample Date | 9/5/2021 | 9/5/2021 |
| | Make Up Oil Added | 4 qts | 4 qts |
| | ALUMINUM | 3 | 3 |
| | CHROMIUM | 1 | 0 |
| | IRON | 9 | 9 |
| | COPPER | 0 | 0 |
| | LEAD | 0 | 0 |
| | TIN | 1 | 0 |
| | MOLYBDENUM | 67 | 63 |
| | NICKEL | 0 | 0 |
| | MANGANESE | 0 | 0 |
| | SILVER | 0 | 0 |
| | TITANIUM | 0 | 0 |
| | POTASSIUM | 0 | 0 |
| | BORON | 32 | 31 |
| | SILICON | 16 | 15 |
| | SODIUM | 5 | 4 |
| | CALCIUM | 1022 | 969 |
| PROPERTIES | MAGNESIUM | 636 | 602 |
| | PHOSPHORUS | 653 | 619 |
| | ZINC | 771 | 731 |
| | BARIUM | 0 | 0 |
| | SUS Viscosity @ 210°F | 52.0 | 47.5 |
| | cSt Viscosity @ 100°C | 7.88 | 6.50 |
| | Flashpoint in °F | 395 | 330 |
| | Fuel % | <0.5 | 2.8 |
| | Antifreeze % | 0.0 | 0.0 |
| | Water % | 0.0 | 0.0 |

Fig 3 - Flushing a Kia Optima with Amsoil

| Milan with Berryman Flush | | Before flush | After flush |
|-------------------------------|-----------------------|--------------|-------------|
| ELEMENTS IN PARTS PER MILLION | MI/HR on Oil | 9,885 | 9,885 |
| | MI/HR on Unit | 189,049 | 189,049 |
| | Sample Date | 10/18/2021 | 10/18/2021 |
| | Make Up Oil Added | | |
| | ALUMINUM | 4 | 4 |
| | CHROMIUM | 1 | 1 |
| | IRON | 15 | 14 |
| | COPPER | 0 | 0 |
| | LEAD | 0 | 0 |
| | TIN | 0 | 0 |
| | MOLYBDENUM | 154 | 142 |
| | NICKEL | 0 | 0 |
| | MANGANESE | 0 | 0 |
| | SILVER | 0 | 0 |
| | TITANIUM | 0 | 0 |
| | POTASSIUM | 0 | 0 |
| | BORON | 20 | 18 |
| | SILICON | 12 | 12 |
| | SODIUM | 4 | 4 |
| | CALCIUM | 1335 | 1482 |
| PROPERTIES | MAGNESIUM | 515 | 473 |
| | PHOSPHORUS | 691 | 634 |
| | ZINC | 817 | 750 |
| | BARIUM | 0 | 0 |
| | SUS Viscosity @ 210°F | 54.4 | 50.2 |
| | cSt Viscosity @ 100°C | 8.59 | 7.33 |
| | Flashpoint in °F | 410 | 325 |
| | Fuel % | <0.5 | 3.0 |
| | Antifreeze % | 0.0 | 0.0 |
| | Water % | 0.0 | 0.0 |



Fig 4 - Flushing a Mercury Milan with Berryman

This 1995 Land Cruiser has a problem. What is it?

To learn where the elements are coming from, [click here](#) and scroll down.

| | | |
|------|--|---------------------------------------|
| UNIT | MAKE/MODEL: Toyota 4.5L 6-cyl (1FZ-FE) | OIL TYPE & GRADE: Gasoline Engine Oil |
| | FUEL TYPE: Gasoline (Unleaded) | OIL USE INTERVAL: 1,500 Miles |
| | ADDITIONAL INFO: | |

| | |
|----------|---|
| COMMENTS | G.: There's ambiguity due to all the oil that's been added. Sodium can come from coolant, but we're doubtful that's the source since potassium (also in coolant) is low. Instead, sodium is likely from additive in one of the oils you used. Again though, we can't be 100% sure since the fresh oil could be masking contamination. One thing that isn't hidden is the high amount of wear. Iron is most out of line, coming from steel parts like the cylinders, crank, cam, and lifters. Hopefully that's just an artifact of the neglect and improvement will follow now that the engine is in better hands. |
| | |

| ELEMENTS IN PARTS PER MILLION | MI/HR on Oil | 1,500 | UNIT / LOCATION AVERAGES |  |  | UNIVERSAL AVERAGES |
|-------------------------------|-------------------|----------|--------------------------|--|---|--------------------|
| | MI/HR on Unit | 195,400 | | | | |
| | Sample Date | 9/9/2020 | | | | |
| | Make Up Oil Added | 7.5 qts | | | | |
| ALUMINUM | 31 | 2 | | | | 2 |
| CHROMIUM | 1 | 0 | | | | 0 |
| IRON | 441 | 5 | | | | 6 |
| COPPER | 8 | 1 | | | | 2 |
| LEAD | 13 | 5 | | | | 2 |
| TIN | 2 | 0 | | | | 0 |
| MOLYBDENUM | 44 | 114 | | | | 65 |
| NICKEL | 1 | 0 | | | | 0 |
| MANGANESE | 2 | 0 | | | | 1 |
| SILVER | 0 | 0 | | | | 0 |
| TITANIUM | 4 | 0 | | | | 1 |
| POTASSIUM | 0 | 2 | | | | 4 |
| BORON | 62 | 112 | | | | 63 |
| SILICON | 19 | 21 | | | | 12 |
| SODIUM | 81 | 20 | | | | 34 |
| CALCIUM | 1634 | 1959 | | | | 1847 |
| MAGNESIUM | 242 | 281 | | | | 300 |
| PHOSPHORUS | 1438 | 788 | | | | 798 |
| ZINC | 1201 | 938 | | | | 943 |
| BARIUM | 0 | 0 | | | | 0 |

The owner writes: This engine started to overheat just 1500 miles after I bought it. I eventually got around to pulling the head, assuming I might have a leaking head gasket, and got a surprise. Cylinders #1-5 were in very good shape, smooth walls. Then I got to #6 and saw some staining. Closer inspection showed a *horizontal* line of corrosion and pitting, which indicates water had been sitting in that cylinder at some time in the past, before I purchased this vehicle. I also found, with my finger, a slight irregular *vertical* line, crack, or ridge on the rear wall of that cylinder going into the water jacket. To the eye it appeared just as a stain, but the finger swipe told the story.

So at some point before I got this vehicle the engine likely either hydrolocked and/or overheated and the cylinder wall cracked. Then the previous owner, undisclosed at the time of sale, had dumped in a few bottles of block sealer, then sold the vehicle to me. Also, when I took the cooling system apart, I found block sealer coating the inside of all components, everything coated in that sodium silicate stuff. So the previous owner knew he had a problem and dumped in the sealer, then sold the vehicle.

The cause of the elevated iron and couple other metals was likely from corrosion and a crack in a cylinder wall, and maybe some other minor damage causing other metals to go up a bit. The slightly elevated sodium could be explained by the sodium silicate block sealer added by the previous owner. Now I'm trying to find another block, or maybe sleeve the bad cylinder, and rebuild this block. The photos show the horizontal line of corrosion in the cylinder wall (the whitish foam is weak phosphoric acid I put there to highlight the rust and damage). Another photo was with a marker trying to outline the crack. The photo of the side of the block is where an oil cooler plate would be. That plate is removed so you're looking where the oil cooler normally would sit bathed in coolant. In that one you can see the old block sealer flaking off the surfaces of the water jacket that the previous owner had dumped in the cooling system to try to seal the crack in the cylinder wall.


This 2016 Subaru BRZ has a problem. What is it?

To learn where the elements are coming from, [click here](#) and scroll down.

| | | |
|------|--|------------------------------------|
| UNIT | MAKE/MODEL: Subaru 2.0L (FA20/4UGSE) 4-cyl | OIL TYPE & GRADE: Motul 300V 0W/20 |
| | FUEL TYPE: Gasoline (Unleaded) | OIL USE INTERVAL: 250 Miles |
| | ADDITIONAL INFO: | |

| | |
|----------|---|
| COMMENTS | TIMOTHY: There's a lot of metal and silicon present, especially for just 250 miles. Race engines do tend to wear more than their street-only counterparts, but we're not sure that's the only reason why metals are so much higher than universal averages (based on ~5K miles). Parts like pistons/bearings (aluminum), steel shafts and cylinder liners (iron), and brass/bronze bushings (copper) might not be wearing well. Silicon might be partly to blame if it shows dirt, so check air filtration. Recent repairs could be another more harmless explanation. A trace of fuel is usually fine. |
| | |

| ELEMENTS IN PARTS PER MILLION | MI/HR on Oil | 250 | UNIT / LOCATION AVERAGES | | | | | | | UNIVERSAL AVERAGES | |
|-------------------------------|-------------------|-----------|--------------------------------|---|--|--|--|---|------|-----------------------|----|
| | MI/HR on Unit | 30,275 | | | | | | | | | |
| | Sample Date | 4/10/2021 | | | | | | | | | |
| | Make Up Oil Added | | | | | | | | | | |
| | | | | | | | | | | | |
| | ALUMINUM | 25 | | 2 | | | | | | | 3 |
| | CHROMIUM | 2 | | 0 | | | | | | | 0 |
| | IRON | 57 | | 9 | | | | | | | 10 |
| | COPPER | 7 | | 2 | | | | | | | 3 |
| | LEAD | 0 | | 0 | | | | | | | 0 |
| TIN | 2 | 0 | | | | | | 0 | | | |
| MOLYBDENUM | 669 | 373 | | | | | | | 162 | | |
| NICKEL | 0 | 0 | | | | | | | 0 | | |
| MANGANESE | 2 | 0 | | | | | | | 1 | | |
| SILVER | 0 | 0 | | | | | | | 0 | | |
| TITANIUM | 0 | 16 | | | | | | | 3 | | |
| POTASSIUM | 0 | 1 | | | | | | | 1 | | |
| BORON | 20 | 55 | | | | | | | 88 | | |
| SILICON | 87 | 28 | | | | | | | 25 | | |
| SODIUM | 6 | 5 | | | | | | | 29 | | |
| CALCIUM | 2269 | 1822 | | | | | | | 1756 | | |
| MAGNESIUM | 16 | 440 | | | | | | | 331 | | |
| PHOSPHORUS | 781 | 864 | | | | | | | 709 | | |
| ZINC | 859 | 1024 | | | | | | | 801 | | |
| BARIUM | 0 | 0 | | | | | | | 0 | | |



A fuzzy oil plug is never a happy find.



A fuzzy oil plug is never a happy find.

| PROPERTIES | Values | | | | | |
|------------|-----------------------|------|---------|--|--|--|
| | Should Be* | | | | | |
| | SUS Viscosity @ 210°F | 51.5 | 46-57 | | | |
| | cSt Viscosity @ 100°C | 7.74 | 6.0-9.7 | | | |
| | Flashpoint in °F | 385 | >385 | | | |
| | Fuel % | TR | <2.0 | | | |
| | Antifreeze % | 0.0 | 0.0 | | | |
| | Water % | 0.0 | <0.1 | | | |
| | Insolubles % | 0.2 | <0.6 | | | |
| | TBN | | | | | |
| | TAN | | | | | |
| | ISO Code | | | | | |

The owner writes: About 120 stage miles (so a good chunk of them with the engine at redline) after this report, the engine blew up. You'd correctly called out the high metal content, and a spun bearing on cylinder four finally came apart completely. Attached is a photo of the oil plug. We debated sending what drained out of the pan in for analysis, but decided that we weren't really hunting for trace amounts at that point.